



Heather Glen

"WHERE GOLF IS **FUN.**"

Presents



*"Foot Golf is the best way to stay active and enjoy the outdoors
with family and friends"*

Joel Monk
PGA of Canada Member & FootGolf Enthusiast

2017



HeatherGlen is excited to be the first facility in Alberta to offer the sport of Foot Golf. As the newest part of our operations, FootGolf is the best new way to enjoy the beauty of our golf course and comfort of our facility.

FootGolf is a combination of the popular sports of Golf and Soccer. It is easy to learn and extremely fun to play. Like Golf, Foot Golf is played over 18 holes, and the task is to get the ball into the hole in as few kicks as possible. Each player accumulates strokes as they kick the ball, and after 18 holes, their score is totaled. This sport can be a fun challenge for every level of soccer player and golfer alike.

Our FootGolf Course has 18 holes built within on our current Grove 9 Hole Course. Typically a round of FootGolf can take between 1.5 hours and 2 hours. FootGolf utilizes golf's basic course setup. A typical FootGolf course includes tee boxes, greens, bunkers, hazards and 18 FootGolf holes, which are a 21-inch in diameter cup. These cups are placed on an area of the fairway, to avoid damaging the green surfaces. Scorecards display par scores for each hole as in regular golf and a map of the course layout.

FootGolf is played with groups of up to six players per group, with players walking the course for the exercise and enjoyment of the course. Holes are roughly half the distance of a regular golf hole because the ball doesn't travel as far as a golf ball. During a typical round of FootGolf a participant will walk nearly 3.2 kilometers and kick a soccer ball for approximately 2 hours, this form of activity can burn from 300 to 600 calories depending on their size and fitness level. FootGolf is a wonderful form of exercise and is enjoyable for participants of all ages, ethnicities and sexes.

We are excited about the future of FootGolf and the positive affect it could have on the golf industry.

Rates The following rates are for 18 holes of FootGolf

Adult	\$24.95
Youth (16 & Under)	\$16.95
Ball Rental (if needed)	\$ 5.00

Prices are subject to G.S.T.

234024 Range Road 285, Rocky View, Alberta, (403)236-4653, T1X 0J8, www.heatherglengolf.com



Pace of Play

Maximum time permitted to play a hole should not exceed 6 - 8 minutes. This will produce a round of 2 hours. Slow Play is monitored by the course marshal, and they have the right to move groups, have players pick up on a hole and remove players from the course. In order that everyone enjoys their day of golf, HeatherGlen strictly enforces the following policy:

- All groups/golfers must keep up to the group in front of them
- The time to play each hole should not exceed 8 minutes
- Should you fail to meet these requirements you will be warned
- If unable to catch up, you will be told to pick up your ball and move back into position

The Basic FootGolf Rules

- Wear appropriate clothing – golf cap, collared shirt, soccer shorts or long exercise pants are preferred.
- Please ensure your kick will not interfere with other players.
- **No Soccer Cleats.** Indoor soccer shoes preferred. Runners or other athletic shoes also work.
- Bring your own soccer ball, size 5, as each player will need their own. Rentals are available.
- You are not allowed to push the ball with the top or bottom of your foot. Your foot should be set separate from the ball, clearly behind, before each kick.
- Wait to play until the ball has completely come to rest. (It is not legal to stop the ball from rolling with the wind.
- Play the ball from where it lies.
- You are not allowed to move the ball or remove jammed objects. Exception: You may mark the spot and lift the ball when it may obstruct the other player's kick or ball in any way.
- The player farthest from the hole is the first to kick the ball.
- If the ball lands in a water hazard, retrieve or replace it within 2 steps from the closest land point from where the ball entered the hazard, receiving a one stroke penalty or you can place the ball at the position of the previous kick and receive one stroke penalty.



- Out of bounds markers are annotated with white stakes. Place the ball within 2 steps from where the ball crossed between the white stakes receiving a one stroke penalty.

Liquor Regulations

Absolutely no outside alcohol will be permitted on the golf course property. As per the Alberta Gaming & Liquor Commission, all alcohol consumed on the property must be purchased from HeatherGlen. Any outside alcohol will be confiscated and the offender will be asked to leave the property. This policy is strictly enforced.

Food & Beverage

All food and beverage products must be supplied through HeatherGlen.

FootGolf Private Event Rates

Our HeatherGlen Foot Golf Package is designed to fit any budget. We are able to accommodate any groups of 12 or more people with a package that suits their budget and needs. If you have any questions about our package or wish to talk to a HeatherGlen Events Coordinator, please call 403-236-4653 or email footgolf@heatherglengolf.com.

BREAKFAST MENU

Light Continental \$9.90 per person

Think coffee/tea party, with momma's freshly baked goods, and we'll add in some fresh fruit too

Continental Breakfast Buffet \$12.90 per person

The same delicious, freshly baked goods, but add some cereal & dairy to the mix



Deluxe Breakfast Buffet \$17.90 per person

The hungry man's (or woman's) breakfast, enough to feed a village! Everything as before, but top it off with scrambled eggs, hash browns, bacon, and sausage to get your protein fill

LUNCH MENU

Soup and Sandwiches \$12.90 per person

A hearty homemade soup created from scratch, assorted sandwiches and two crisp salads finished off with dessert squares to satisfy your sweet tooth!

Deluxe Soup and Sandwich \$14.90 per person

This time we let you build your own sandwiches just how you like them, with mixed deli meats, artisan bread, and of course, cheese and pickles! Two crisp salads (chef's choice), and can't forget the dessert squares!

Burger Party \$14.90 per person

Always a crowd favorite, we serve you burgers straight off the grill, with the necessary toppings available to make you feel like you're at a backyard barbecue, with fries, two salads (chef's choice), and dessert squares

Box Lunch \$14.90 per person

The quick and easy solution to lunch! We pack you up a to-go box full of goodies: a sandwich, fruit, chips, a drink, and we send you off to school...I mean your first tee!

DINNER MENU

Burger Party Buffet \$16.00 per person

Always a crowd favorite, we serve you burgers straight off the grill, with the necessary toppings available to make you feel like you're at a backyard barbecue, with fries, three salads of our chef's choice and dessert squares



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Little Italy Buffet \$25.00 per person

We choose the hearty pasta, the rice (as a gluten free option), the vegetables, and two crisp salads. We add juicy, roasted chicken legs and/or thighs to the buffet for the meat eaters. The buffet is topped off with antipasto platters, assorted desserts or fruit, and it wouldn't be Little Italy without the fresh bread and butter!

Steak Sandwich Buffet \$22.00 per person

Classic meal with premium 6 oz. steak, crispy garlic toast, fries, 2 light salads (chef's choice), and last but not least, the dessert squares. You can never go wrong with a steak sandwich buffet!

Get Comfortable Buffet \$29.90 per person

Sheppard's Pie made from scratch, roasted chicken legs and/or thighs, chef's choice of the rest, including: 3 salads, rice, vegetables, cheese and cracker tray, dinner rolls, desserts and fruits, the perfect comfort feast to leave you satisfied

Standard Buffet \$35.00 per person

Your choice of entree: carved roast beef, sirloin steak with peppercorn jus, smoked pork loin with gravy, smoked brisket with jus, or 1/4 BBQ chicken with gravy, chef's choice of the rest, including: 2 fresh salads, potato, rice, garden vegetables, assorted cheese and cracker tray, dinner rolls, and finally some tasty assorted fruit and desserts! Let us know if you have some favorite salads!

Premium Buffet \$46.00 per person

Your choice of entree: juicy prime rib or tender NY steak, chef's choice of the rest, including: 2 fresh salads, potato, rice, garden vegetables, assorted cheese and cracker tray, dinner rolls, and finished off with assorted fruit and delectable desserts! Let us know if you have some favorite salads!



Additions

- *Extra entree accompanying selections add \$10/person: chicken breast, salmon with mango Thai salsa, tortellini with chef's creation sauce*
- *Ask us about seasonal options/prices for crab and lobster*
- *May sub in chicken to buffets where needed*
- *We are glad to substitute any dietary requirement alternatives you may need*

Planning your Event

Number of Foot Golfers Attending:

Number of Adults _____ @ \$24.95 = \$ _____ (A)

Number of Youth _____ @ \$16.95 = \$ _____ (B)

Ball Rentals if needed _____ @ \$5.00 = \$ _____ (C)

Food Menu Selection:

Item Chosen _____

Cost per person \$ _____ x # of people _____ = \$ _____ (D)
Total for Food

Total Estimate of your Event:

Add up the totals for lines A+B+C+D = \$ _____ (E)

A deposit is required to secure the booking:

Deposit Amount: 20% of Total Estimate Cost (E) \$ _____

Payment: A deposit of 20% of estimate cost or \$200, whichever is greater, is required. The deposit is refunded on day of event or can be used towards the payment of the event.



FootGolf Booking Agreement

Group Name: _____

Organizer's Name: _____

Telephone: _____ (Cell) _____

E-Mail Address: _____

Mailing Address: _____ Postal Code: _____

Preferred Date: _____ Day of the Week: _____

First Tee Time: (If available) _____ No. of Players (Min) _____ (Max) _____

Food Menu Item(s) Selected: _____

Deposit Amount: (20% of Total Estimate Cost) _____

Payment Method: Cash ____ Cheque ____ M/C ____ Visa ____ Amex ____

Important Payment Policies

Group Events: The deposit amount equal to 20% must be received within 14 days of booking to secure your date. This deposit is nonrefundable if the Booking is cancelled less than 72 hours prior to the first tee time.

Full Payment is required 3 Days Prior to Day of the Event. The Group Booking or League organizer will be responsible for all costs based on booked numbers.

Signature of Group Booking or League Organizer

Date

(Who has read and agrees to all terms in this agreement)


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FootGolf Course Map



FootGolf Scorecard

FootGolf	1	2	3	4	5	6	7	8	9	OUT
Distance	79	205	105	125	140	117	53	183	130	1137
Par	3	5	4	4	4	4	3	5	4	36
Handicap	7	1	15	9	3	13	17	11	5	

FootGolf	10	11	12	13	14	15	16	17	18	OUT	TOTAL
Distance	158	188	70	105	111	66	160	120	132	1110	2247
Par	4	5	3	4	4	3	5	4	4	36	72
Handicap	2	10	12	18	6	14	16	8	4		